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COMMUNITY

- **FAITH-BASED NETWORKS PROVIDE A STRONG SENSE OF BELONGING, PURPOSE, AND SUPPORT, CREATING AN ENVIRONMENT OF HOPE.**
- **COMMUNITY TIES FOSTER CONNECTION, REDUCE FEELINGS OF ISOLATION, AND PROMOTE SHARED HEALING EXPERIENCES.**



LOVE

- **LOVE, EXEMPLIFIED THROUGH FAITH, IS A TRANSFORMATIVE FORCE.**
- **IT ENCOURAGES SELF-ACCEPTANCE AND EMPATHY, CREATING A SAFE SPACE FOR VULNERABILITY AND GROWTH .**
- **ESSENTIAL ELEMENTS FOR VETERANS FACING MENTAL HEALTH CHALLENGES.**



MISSION/PURPOSE

- **FAITH INSTILLS A SENSE OF MISSION AND PURPOSE.**
- **ENCOURAGES TRANSFORMATIONAL ENGAGEMENT IN MEANINGFUL ACTIVITIES AND SERVICE.**



VALUE

- **FAITH HELPS VETERANS RECOGNIZE THEIR INHERENT VALUE, REDEFINING THEIR IDENTITY BEYOND THEIR SERVICE IN THE MILITARY.**
- **A FAITH PERSPECTIVE FOSTERS RESILIENCE AND MOTIVATES THEM TO SEEK HELP AND ADVOCATE FOR THEIR WELL-BEING...AND THE WELL BEING OF OTHERS.**



SCIENCE BASE OUTCOMES

- EVIDENCE BASED ON SPIRITUAL LIFE VIA THE U.S. ARMY SPIRITUAL RESILIENCY INITIATIVE.
- COLLABORATIVE HOLISTIC EFFORT WITH U.S. SURGEON GENERAL, CHIEF OF BEHAVIORAL HEALTH, U.S. ARMY LEADERS/CHAPLAINS IN PARTNERSHIP WITH THE WARRIOR'S JOURNEY.
- BEHAVIORAL OUTCOMES DECREASED: HARMFUL RISK TAKING, SUBSTANCE ABUSE, ISOLATION, MORAL INJURY, AND SUICIDAL IDEATION .
- MOST POSITIVE AND PREVENTIVE PRACTICES THAN ANY OF THE CLINICAL SCIENCES.



QUESTIONS?



VIVA INVICTUS

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